

## PATRIOT TRACK & FIELD ALL TIME TOP 10 - GIRLS

\* All times Converted to FAT - All Others are FAT times / All distances in yards have been converted to meters

100 METER DASH	Time	Year	200 METER DASH	Time	Year	400 METER DASH	Time	Year
Ravan Kott	12.2	2013	Kris Meyers	25.74*	1985	Steph Schueler	57.42*	1987
Barb Berkeland	12.34*	1975	Steph Schueler	25.78*	1986	Jasmyne Cooper	57.47	2017
Lori Beckstand	12.44*	1978	Raven Kott	25.94	2013	Michaela Mohr	59.32	2016
Steph Schueler	12.44*	1986	Kelly Rhodes	26.04*	1986	Alisha Auen	59.44*	2016
Mollie Kersten	12.54*	2014	Kristina Timmer	26.06	2004	Kim McKeon	59.44*	1976
Michaela Mohr	12.64*	2016	Michaela Mohr	26.1	2016	Sandy Squillace	59.83*	1987
Liz Bindert	12.64*	2016	Catti Slattery	26.14*	2010	Kim Kouri	59.94*	1987
Catti Slattery	12.64*	2010	Jasmyne Cooper	26.24*	2017	Anne Butler	60.24*	1980
Kris Meyers	12.64*	1970	Karmen Nyberg	26.34*	2009	Caroline Sudbeck	60.3*	2016
Vicki Karstens	12.64*	1972	Sue Songstad	26.44*	1982	Liz Bindert	60.61	2017
Julie Dowling	12.64*	1973						

800 METER RUN	Time	Year	1600 METER RUN	Time	Year	3200 METER RUN	Time	Year
Jasmyne Cooper	2:12.14	2017	Jasmyne Cooper	4:58.15	2016	Courtney Klatt	10:57.76	2017
Courtney Klatt	2:17.75	2017	Courtney Klatt	5:00.78	2017	Sarah Spencer	11:05.68*	2003
Caroline Sudbeck	2:18.18	2017	Sarah Spencer	5:11.24*	2003	Katie Patrick	11:19.54*	2013
Kim Kouri	2:19.19*	1987	Caroline Sudbeck	5:12.48	2016	Brooke Infield	11:34.44*	2015
Liz Bindert	2:19.46	2016	Analise Levesque	5:16.33	2017	Chloe Harbaugh	11:38.34	2017
Kayla Jelen	2:19.51	2005	Andee Thompson	5:17.14*	1981	Susie Kerkaert	11:40.26*	1990
Kim McKeon	2:20.24*	1976	Kayla Jelen	5:17.42*	2005	Mollie Kelly	11:40.84*	2014
Susie Kerkaert	2:20.64*	1991	Mary Wright	5:18.84*	1981	Kayla Jelen	11:41.24*	2004
Anne Butler	2:21.74*	1980	Katie Patrick	5:19.44*	2013	Beth Dellman	11:43.05*	1986
Kim Haugstad	2:23.77*	1988	Susie Kerkaert	5:19.84*	1991	Lela Lambert	11:48.24*	1985

100 METER IH	Time	Year	300 METER LM H	Time	Year	HIGH JUMP	Height	Year
Nevada Sorenson	13.93*	2009	Nevada Sorenson	44.14*	2009	Mary Wirth	5'10	2010
Kelly Rhodes	15.04*	1986	Kelly Rhodes	44.73*	1987	Nikki Warrington	5'7	1990
Anne Butler	15.24*	1980	Steph Schueler	45.94*	1985	Michelle Dornberger	5'5	2002
Ryley Heier	15.27	2017	Ryley Heier	46.05	2017	Jacque Alexander	5'5	1989
Erin Seidel	15.3	2002	Josephine Dal	46.12	2017	Heidi Higgason	5'4	1992
Natalie Lindquist	15.34*	1996	Natalie Lindquist	46.6	1998	Shelley Walton	5'3	1981
Steph Schueler	15.44*	1985	Melissa Olson	46.74*	1982	Morgan Hansen	5'2	2017
Steph Jackson	15.46	1994	Erin Seidal	47.04	2003	Anezka Szabo	5'2	2017
Meg McLeod	15.54*	1985	Steph Jackson	47.21	1992	Sarah Quinlivan	5'2	2014
Josephine Dal	15.58	2017	Sarah Peters	47.24*	2006	Andrea Sephens	5'2	1991
						Amy Ellis	5'2	1987
						Lisa Thomas	5'2	1983
						LoryBoyd	5'2	1983

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POLE VAULT	Height	Year	LONG JUMP	Distance	Year	TRIPLE JUMP	Distance	Year
Abby Hohman	11' 6"	2010	Allie Lahren	18'5.5	2012	Mary Wirth	37'9.75	2010
			Ryley Heier	18'1	2017	Allie Lahren	37'9.5	2011
			Michaela Mohr	18'.5	2016	Meghan Lambert	37'9	2010
			Megahn Lambert	17'10.25	2009	Liz Magnuson	37'6.5	2013
			Angie Butz	17'9.75	1987	Ryley Heier	37'3	2017
			Kris McKeon	17'4	1976	Carly Chambers	36'7	2009
			Liz Magnuson	17'2.5	2013	Natalie Lindquist	36'2.25	1998
			Barb Berkeland	17'2.5	1975	Liberty Justus	36'1	2017
			Kim Tyler	17'1.5	1978	Anezka Szabo	35'8	2017
			Mary Lammers	17'1.5	1974	Julie Teslow	35'5	2014

SHOT PUT	Distance	Year	DISC	Distance	Year	4x100	Time	Year
Izzy VanVeldhuizen	45'	2016	Christy Weeg	145'6	1982	Thomas, Kersten	49.16	2016
Cera Ledbetter	42'7	2011	Cera Ledbetter	137'11	2012	Mohr, Auen		
Mori Emmons	41'3.5	1980	Izzy VanVeldhuizen	136'6	2016	Thomas, Belhaj	49.7	2017
Stacy Hagen	39'8.75	1989	Amy Ellis	136'1	1989	Mohr, Justus		
Michelle Welder	39'2.75	1983	Stacy Hagen	127'5	1988	Thomas, Mohr	49.74*	2016
Becca Bindert	39'1.5	2017	Lori Dubbelde	127'4	1979	Kersten, Bindert		
Lori Dubbelde	38'10.25	1979	Becca Bindert	124'7	2017	Slattery, Kott	50.24*	2010
Adrianna Severson	37'7	2015	Karly Dahman	121'10	1983	Ungang, Nyberg		
Karla Dahman	37'2.75	1982	Norah King	118'8	2016	Thomas, Belhaj	50.54	2017
Jessica Oleson	36'6.75	2016	Libby Jones	114'9	1993	Mohr, Dal		
						Olson, Butts	50.79*	1987
						Squillace, Schueler		
						Thomas, Heier	50.83*	2017
						Mohr, Justus		
						Thomas, Heier	50.84*	2017
						Mohr, Belhaj		
						Ortman, Ostrem	50.84*	1981
						Faris, Finney		
						Ireland, Butts	50.89*	1987
						Squillace, Schueler		

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4x200	Time	Year	4x400	Time	Year	4x800	Time	Year
Schueler, Ireland	1:43.27*	1987	Mohr, Bindert	3:54.83	2016	Bindert, Klatt	9:23.28	2017
Squillace, Rhodes			Auen, Cooper			Sudbeck, Cooper		
Kersten, Mohr	1:44.24*	2014	Bindert, Klatt	3:56.31	2017	Bindert, Levesque	9:26.13	2017
Lachey, Murry			Sudbeck, Cooper			Sudbeck, Klatt		
Rhodes, Squillace	1:44.32*	1985	Muth, Horton	3:59.63*	1986	Sudbeck, Bindert	9:27.73	2016
Schueler, Meyers			Squillace, Rhodes			Harbaugh, Cooper		
Slattery, Kott	1:44.44*	2010	Muth, Squillace	4:00.89*	1986	Sudbeck, Kelly	9:30.7	2015
Ungang, Nyberg			Rhodes, Schueler			Bindert, Cooper		
Butts, Ireland	1:44.64*	1987	Moser, Squillace	4:01*	1985	Sudbeck, Levesque	9:36.94*	2017
Squillace, Rhodes			Rhodes, Schueler			Hooker, Cooper		
Bindert, Auen	1:44.79	2016	Leach, Sudbeck	4:01.84*	2015	Haugstad, Henle	9:37.83	1987
Dal, Kersten			Cooper, Fehrs			Horton, Kouri		
Bindert, Auen	1:44.84*	2015	Landon, Bindert	4:02.26	2017	Bindert, Landon	9:45.62	2017
Mohr, Lackey			Sudbeck, Klatt			Hooker, Klatt		
Butts, Squillace	1:45.3*	1987	Horton, Squillace	4:02.3*	1986	Levesque, Harbaugh	9:46.34	2017
Rhodes, Schueler			Rhodes, Schueler			Sudbeck, Klatt		
Kott, Lackey	1:45.34*	2013	Mohr, Sudbeck	4:02.6	2016	Robbie,	9:46.74*	1976
Murry, Magnuson			Bindert, Cooper			Mandsager, Kepema, McKeon		
Bindert, Heier	1:45.94*	2016	Sudbeck, Landon	403.6	2016	Peters, Levesque	9:49.6*	2016
Dal, Kersten			Bindert, Auen			Huber, Harbaugh		

MEDLEY	Time	Year
Bindert, Auen	4:05.83	2016
Sudbeck, Cooper		
Mohr, Kersten	4:08.29	2015
Sudbeck, Cooper		
Thomas, Belhaj	4:10.83	2017
Bindert, Klatt		
Thomas, Belhaj	4:13.06	2017
Sudbeck, Bindert		
Heier, Mohr	4:13.64*	2015
Sudbeck, Cooper		
Thomas, Sorenson	4:14.91	2016
Sudbeck, Bindert		
Bindert, Kersten	4:18.14*	2015
Sudbeck, Cooper		
Wright, Schueler	4:18.14*	1980
Graff, Butler		
Kott, Uthe	4:19.24*	2011
Maksimova, Hanneman		
Bindert, Kersten	4:19.94*	2015
Leach, Kelly		